



19. Slusialauf 2017 „Zur Eisernen Hand“

Schleusingen / 07.05.2017

Detailed evaluation

Lenz, Uwe

Club: Slv 99 Schleusingen

Number: 446

Course: 5.50 km

Schnupperlauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 38:38

Speed: 7.77 km/h

Running performance: 7:01 min/km

Rank in course/Total: 6 (of 8)

Rank in course/Men: 5 (of 6)

Best time in course: 34:57

Rank in category: 1(of 1)

Best time in the category: 38:38