



## 19. Slusialauf 2017 „Zur Eisernen Hand“

Schleusingen / 07.05.2017

### Detailed evaluation

**RIEDEL, Matthias**

Club: Zella-Mehlis

Number: 303

Course: 14.10 km

Hauptlauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:23:09

Speed: 10.17 km/h

Running performance: 5:54 min/km

Rank in course/Total: 41 (of 51)

Rank in course/Men: 29 (of 34)

Best time in course: 56:45

Rank in category: 10(of 10)

Best time in the category: 57:07