



19. Slusialauf 2017 „Zur Eisernen Hand“

Schleusingen / 07.05.2017

Detailed evaluation

Seliger, Helena

Total time: 38:39

Number: 447

Speed: 7.76 km/h

Running performance: 7:02 min/km

Course: 5.50 km

Rank in course/Total: 7 (of 8)

Schnupperlauf

Rank in course/Women: 2 (of 2)

Best time in course: 30:31

Category:

Rank in category: 2(of 2)

Frauen (20-29 Jahre)

Best time in the category: 30:31