



19. Slusialauf 2017 „Zur Eisernen Hand“

Schleusingen / 07.05.2017

Detailed evaluation

HESSE, Bernd

Club: Genusslauf Schleusingen

Number: 310

Course: 14.10 km

Hauptlauf

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:21:10

Speed: 10.35 km/h

Running performance: 5:46 min/km

Rank in course/Total: 38 (of 51)

Rank in course/Men: 27 (of 34)

Best time in course: 56:45

Rank in category: 4(of 6)

Best time in the category: 1:14:05