



Detailed evaluation

Guna, Sprūde

Club: VSK Noskrien

Number: 3283

Course: 10.00 km

Zakis

Category:

SZ3

Total time: 58:58

Speed: 10.18 km/h

Rank in course/Total: 228 (of 782)

Rank in course/Women: 46 (of 401)

Best time in course: 43:36

Rank in category: 37(of 345)

Best time in the category: 43:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
Sprint Start	-	36:19	-	44	9:22	54	9:22	-	36:19	-	44	9:22	54	9:22
Sprint Finish	-	4:11	-	34	1:09	42	1:09	-	40:30	-	37	10:15	48	10:15
107	-	7:13	-	25	2:20	35	2:20	-	47:43	-	35	12:24	45	12:24
106	-	8:27	-	42	2:14	52	2:14	-	56:10	-	35	14:38	44	14:38
Finish	-	2:48	-	121	0:45	141	0:49	10.00	58:58	-	37	15:22	46	15:22