



2. Stadtlauf Bad Tennstedt  
Bad Tennstedt / 09.09.2017

Detailed evaluation

ROOS, Daniel

Club: Mittelsömmern  
Number: 262

Course: 3.50 km  
3,5 km Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 16:42

Speed: 12.57 km/h  
Running performance: 4:46 min/km

Rank in course/Total: 12 (of 43)

Rank in course/Men: 12 (of 31)

Best time in course: 13:33

Rank in category: 3(of 3)

Best time in the category: 14:55