



2. Stadtlauf Bad Tennstedt  
Bad Tennstedt / 09.09.2017

Detailed evaluation

Hecht, Jan

Club: Emden  
Number: 279

Course: 3.50 km  
3,5 km Lauf

Category:  
Männer (20-29 Jahre)

Total time: 16:58

Speed: 10.61 km/h  
Running performance: 4:51 min/km

Rank in course/Total: 15 (of 43)

Rank in course/Men: 15 (of 31)

Best time in course: 13:33

Rank in category: 5(of 5)

Best time in the category: 14:23