



2. Stadtlauf Bad Tennstedt  
Bad Tennstedt / 09.09.2017

Detailed evaluation

HEILMANN, Andreas

Club: Eckstedt  
Number: 242

Course: 3.50 km  
3,5 km Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 20:18

Speed: 8.87 km/h  
Running performance: 5:48 min/km

Rank in course/Total: 34 (of 43)

Rank in course/Men: 28 (of 31)

Best time in course: 13:33

Rank in category: 2(of 2)

Best time in the category: 19:48