



2. Stadtlauf Bad Tennstedt  
Bad Tennstedt / 09.09.2017

Detailed evaluation

Kindervater, Lars

Club: FSV Schernberg  
Number: 146

Course: 10.00 km  
10 km Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 43:33

Speed: 13.78 km/h  
Running performance: 4:22 min/km

Rank in course/Total: 2 (of 52)

Rank in course/Men: 2 (of 32)

Best time in course: 40:35

Rank in category: 1(of 10)

Best time in the category: 43:33