



2. Stadtlauf Bad Tennstedt
Bad Tennstedt / 09.09.2017

Detailed evaluation

HEROLD, Christian

Club: Dirty Runners
Number: 113

Course: 10.00 km
10 km Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 50:20

Speed: 11.92 km/h
Running performance: 5:02 min/km

Rank in course/Total: 16 (of 52)

Rank in course/Men: 14 (of 32)

Best time in course: 40:35

Rank in category: 3(of 4)

Best time in the category: 48:14