



2. Stadtlauf Bad Tennstedt  
Bad Tennstedt / 09.09.2017

Detailed evaluation

Schaumburg, Holm

Club: Bad Tennstedt  
Number: 152

Course: 10.00 km  
10 km Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:00:49

Speed: 9.87 km/h  
Running performance: 6:05 min/km

Rank in course/Total: 33 (of 52)

Rank in course/Men: 26 (of 32)

Best time in course: 40:35

Rank in category: 5(of 5)

Best time in the category: 46:36