



Stirnu Buks I
Zilie kalni / 15.04.2017

Detailed evaluation

Šulmanis, Arilds

Club: CrossFit Rīdzene
Number: 3657

Course: 12.00 km
Zakis

Category:
VZ3

Total time: 1:11:06

Speed: 10.13 km/h

Rank in course/Total: 572 (of 1123)

Rank in course/Men: 423 (of 585)

Best time in course: 29:00

Rank in category: 347(of 489)

Best time in the category: 29:00

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
102	-	30:46	-	326	13:30	398	24:40	-	30:46	-	326	13:30	398	24:40
104	-	13:29	-	328	5:59	395	5:59	-	44:15	-	326	19:29	395	19:29
Sprint Start	-	23:51	-	373	10:28	448	10:28	-	1:08:06	-	341	45:24	415	45:24
Sprint Finish	-	1:17	-	386	0:48	471	0:52	-	1:09:23	-	345	30:45	419	30:45
Finish	-	1:43	-	357	0:55	428	0:55	12.00	1:11:06	-	349	42:06	423	42:06