



Stirnu Buks I  
Zilie kalni / 15.04.2017

## Detailed evaluation

**Ābols, Jānis**

Club: VSK Noskrien  
Number: 3207

Course: 12.00 km  
Zakis

Category:  
VZ3

Total time: 49:07

Speed: 14.66 km/h

Rank in course/Total: 44 (of 1123)

Rank in course/Men: 43 (of 585)

Best time in course: 29:00

Rank in category: 32(of 489)

Best time in the category: 29:00

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total		Total		Total		Pos		Behind	
				Cat.	Men	Men	Men	km	Time	km/h	Cat.	Men	Men	Men	Men		
102	-	21:21	-	33	4:05	44	15:15	-	21:21	-	33	4:05	44	15:15			
104	-	9:30	-	30	2:00	40	2:00	-	30:51	-	33	6:05	43	6:05			
Sprint Start	-	16:35	-	41	3:12	53	3:12	-	47:26	-	34	24:44	44	24:44			
Sprint Finish	-	0:40	-	40	0:11	55	0:15	-	48:06	-	33	9:28	43	9:28			
Finish	-	1:01	-	13	0:13	17	0:13	12.00	49:07	-	33	20:07	43	20:07			