



Stirnu Buks I
Zilie kalni / 15.04.2017

Detailed evaluation

Bēmere, Ilona

Club: Baldones sieviešu skriešanas komanda
Number: 3884

Course: 12.00 km
Zakis

Category:
SZ3

Total time: 1:11:58

Speed: 10.00 km/h

Rank in course/Total: 598 (of 1123)

Rank in course/Women: 164 (of 538)

Best time in course: 48:21

Rank in category: 144(of 474)

Best time in the category: 49:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
102	-	32:07	-	165	190	10:44	10:44	-	32:07	-	165	190	10:44	10:44
104	-	14:15	-	173	194	4:38	4:57	-	46:22	-	161	184	15:21	15:31
Sprint Start	-	22:31	-	109	126	6:13	6:47	-	1:08:53	-	146	167	21:34	22:18
Sprint Finish	-	1:17	-	172	209	0:34	0:37	-	1:10:10	-	145	166	21:52	22:55
Finish	-	1:48	-	226	257	0:40	0:42	12.00	1:11:58	-	143	164	22:29	23:37