



Detailed evaluation

Actiņš, Jānis

Club: VSK Noskrien / LSC
Number: 6079

Course: 28.00 km
Lusis

Category:
VL3

Total time: 2:11:13

Speed: 12.80 km/h

Rank in course/Total: 26 (of 296)

Rank in course/Men: 26 (of 231)

Best time in course: 1:46:56

Rank in category: 5(of 76)

Best time in the category: 2:02:11

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
101	-	42:53	-	3	1:38	19	6:13	-	42:53	-	3	1:38	19	6:13
102	-	19:35	-	7	1:30	33	3:30	-	1:02:28	-	3	3:08	24	26:14
103	-	8:00	-	13	0:34	42	1:37	-	1:10:28	-	4	3:25	26	22:16
104	-	22:19	-	16	2:07	49	5:17	-	1:32:47	-	6	5:10	29	16:37
105	-	15:55	-	12	1:13	41	3:34	-	1:48:42	-	5	5:52	25	20:11
Sprint Start	-	20:23	-	10	2:36	36	3:58	-	2:09:05	-	5	8:24	26	24:05
Sprint Finish	-	0:51	-	23	0:18	79	0:23	-	2:09:56	-	5	8:42	26	24:25
Finish	-	1:17	-	14	0:20	54	0:20	28.00	2:11:13	-	5	9:02	26	24:17