



Detailed evaluation

Rukkalns, Juris

Club: Ragana
Number: 6269

Course: 28.00 km
Lusis

Category:
VL4

Total time: 2:34:39

Speed: 10.86 km/h

Rank in course/Total: 129 (of 296)

Rank in course/Men: 120 (of 231)

Best time in course: 1:46:56

Rank in category: 5(of 11)

Best time in the category: 2:11:39

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
101	-	51:18	-	6	5:33	106	14:38	-	51:18	-	6	5:33	106	14:38
102	-	23:13	-	7	3:35	132	7:08	-	1:14:31	-	6	9:08	111	38:17
103	-	9:18	-	6	1:24	134	2:55	-	1:23:49	-	6	10:32	117	35:37
104	-	26:00	-	8	4:35	141	8:58	-	1:49:49	-	6	15:07	122	33:39
105	-	18:48	-	6	3:30	129	6:27	-	2:08:37	-	6	18:37	122	40:06
Sprint Start	-	23:17	-	4	3:45	100	6:52	-	2:31:54	-	5	22:22	118	46:54
Sprint Finish	-	1:19	-	7	0:27	176	0:51	-	2:33:13	-	5	22:49	120	47:42
Finish	-	1:26	-	4	0:11	107	0:29	28.00	2:34:39	-	5	23:00	120	47:43