



Detailed evaluation

Iesalnieks, Kristis

Club: Sporta iela
Number: 4097

Course: 12.00 km
Zakis

Category:
VZ1

Total time: 57:38

Speed: 12.49 km/h

Rank in course/Total: 166 (of 1123)

Rank in course/Men: 141 (of 585)

Best time in course: 29:00

Rank in category: 6(of 23)

Best time in the category: 44:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
102	-	25:42	-	10	174	6:27	19:36	-	25:42	-	10	174	6:27	19:36
104	-	11:34	-	7	179	2:49	4:04	-	37:16	-	7	170	9:16	12:30
Sprint Start	-	18:22	-	5	113	3:30	4:59	-	55:38	-	6	145	12:46	32:56
Sprint Finish	-	0:51	-	7	184	0:16	0:26	-	56:29	-	6	142	13:00	17:51
Finish	-	1:09	-	3	62	0:03	0:21	12.00	57:38	-	6	141	12:58	28:38