



Detailed evaluation

Iesalnieks, Kristis

Club: Sporta iela
Number: 4097

Course: 12.00 km
Zakis

Category:
VZ1

Total time: 57:38

Speed: 12.49 km/h

Rank in course/Total: 166 (of 1123)

Rank in course/Men: 141 (of 585)

Best time in course: 29:00

Rank in category: 6(of 23)

Best time in the category: 44:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total		Total		Total		Pos		Behind	
				Cat.	Men	Men	Men	km	Time	km/h	Cat.	Men	Men	Men	Men		
102	-	25:42	-	10	6:27	174	19:36	-	25:42	-	10	6:27	174	19:36			
104	-	11:34	-	7	2:49	179	4:04	-	37:16	-	7	9:16	170	12:30			
Sprint Start	-	18:22	-	5	3:30	113	4:59	-	55:38	-	6	12:46	145	32:56			
Sprint Finish	-	0:51	-	7	0:16	184	0:26	-	56:29	-	6	13:00	142	17:51			
Finish	-	1:09	-	3	0:03	62	0:21	12.00	57:38	-	6	12:58	141	28:38			