



Stirnu Buks I  
Zilie kalni / 15.04.2017

## Detailed evaluation

**Balode, Ilona**

Club: Salacgrīvas Buki  
Number: 5143

Course: 22.00 km  
Stirnu buks

Category:  
SB3

Total time: 2:03:27

Speed: 10.69 km/h

Rank in course/Total: 395 (of 530)

Rank in course/Women: 94 (of 167)

Best time in course: 1:25:45

Rank in category: 23(of 38)

Best time in the category: 1:30:39

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
102	-	30:50	-	19	8:06	80	9:50	-	30:50	-	19	8:06	80	9:50
103	-	10:31	-	19	2:28	75	2:56	-	41:21	-	19	10:30	77	12:46
104	-	29:24	-	25	7:13	92	8:36	-	1:10:45	-	20	17:43	81	21:22
105	-	21:11	-	23	5:31	89	5:59	-	1:31:56	-	21	23:14	82	27:21
Sprint Start	-	28:20	-	29	8:35	117	9:09	-	2:00:16	-	23	31:49	92	36:30
Sprint Finish	-	1:34	-	33	0:44	145	1:03	-	2:01:50	-	23	32:29	93	37:14
Finish	-	1:37	-	19	0:28	76	0:28	22.00	2:03:27	-	23	32:48	94	37:42