



Detailed evaluation

Kāpiņa, Inga

Club: VSK Noskrien Vāveres
Number: 5117

Course: 22.00 km
Stirnu buks

Category:
SB3

Total time: 1:42:29

Speed: 12.88 km/h

Rank in course/Total: 173 (of 530)

Rank in course/Women: 21 (of 167)

Best time in course: 1:25:45

Rank in category: 4(of 38)

Best time in the category: 1:30:39

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
102	-	25:40	-	4	2:56	21	4:40	-	25:40	-	4	2:56	21	4:40
103	-	9:00	-	4	0:57	19	1:25	-	34:40	-	4	3:49	21	6:05
104	-	25:10	-	5	2:59	25	4:22	-	59:50	-	4	6:48	21	10:27
105	-	17:46	-	4	2:06	21	2:34	-	1:17:36	-	4	8:54	20	13:01
Sprint Start	-	22:29	-	4	2:44	20	3:18	-	1:40:05	-	4	11:38	21	16:19
Sprint Finish	-	0:54	-	3	0:04	17	0:23	-	1:40:59	-	4	11:38	21	16:23
Finish	-	1:30	-	14	0:21	52	0:21	22.00	1:42:29	-	4	11:50	21	16:44