



Detailed evaluation

Ruciņš, Gunārs

Club: Fizkultūras nora
Number: 5320

Course: 22.00 km
Stirnu buks

Category:
VB2

Total time: 1:46:27

Speed: 12.40 km/h

Rank in course/Total: 212 (of 530)

Rank in course/Men: 185 (of 363)

Best time in course: 1:08:49

Rank in category: 117(of 218)

Best time in the category: 1:08:49

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
102	-	27:42	-	119	10:28	198	10:28	-	27:42	-	119	10:28	198	10:28
103	-	9:30	-	123	3:25	201	3:25	-	37:12	-	120	13:53	198	13:53
104	-	25:36	-	127	9:12	196	9:12	-	1:02:48	-	119	23:05	194	23:05
105	-	18:35	-	123	6:31	193	6:31	-	1:21:23	-	123	29:36	197	29:36
Sprint Start	-	23:06	-	119	7:38	180	7:40	-	1:44:29	-	117	37:14	189	37:14
Sprint Finish	-	0:42	-	27	0:15	33	0:15	-	1:45:11	-	116	37:15	186	37:15
Finish	-	1:16	-	49	0:23	87	0:23	22.00	1:46:27	-	116	37:38	185	37:38