



Südeichsfeldlauf
Diedorf / 10.06.2017

Detailed evaluation

SANDER, Martin

Club: SV Einheit Worbis
Number: 479

Course: 5.30 km
Hauptlauf 5,3 km

Category:
Senioren M40 (40-44 Jahre)

Total time: 20:08

Speed: 14.90 km/h
Running performance: 3:48 min/km

Rank in course/Total: 1 (of 47)

Rank in course/Men: 1 (of 28)

Best time in course: 20:08

Rank in category: 1(of 7)

Best time in the category: 20:08