



Südeichsfeldlauf
Diedorf / 10.06.2017

Detailed evaluation

Spangenberg, Andreas

Club: 1. Eichsfelder Sportclub
Number: 393

Course: 5.30 km
Hauptlauf 5,3 km

Category:
Senioren M35 (35-39 Jahre)

Total time: 22:01

Speed: 13.63 km/h
Running performance: 4:09 min/km

Rank in course/Total: 5 (of 47)

Rank in course/Men: 5 (of 28)

Best time in course: 20:08

Rank in category: 1(of 1)

Best time in the category: 22:01