



Südeichsfeldlauf
Diedorf / 10.06.2017

Detailed evaluation

Höppner, Stephan

Club: SV 1921 Diedorf
Number: 396

Course: 5.30 km
Hauptlauf 5,3 km

Category:
Senioren M30 (30-34 Jahre)

Total time: 25:47

Speed: 11.64 km/h
Running performance: 4:52 min/km

Rank in course/Total: 11 (of 47)

Rank in course/Men: 11 (of 28)

Best time in course: 20:08

Rank in category: 2(of 2)

Best time in the category: 24:21