



Südeichsfeldlauf
Diedorf / 10.06.2017

Detailed evaluation

STEINHORST, Cedric

Club: Diedorf
Number: 378

Course: 5.30 km
Hauptlauf 5,3 km

Category:
männliche Jugend U20 (18-19 Jahre)

Total time: 30:14

Speed: 9.92 km/h
Running performance: 5:42 min/km

Rank in course/Total: 23 (of 47)

Rank in course/Men: 21 (of 28)

Best time in course: 20:08

Rank in category: 2(of 3)

Best time in the category: 22:39