



Südeichsfeldlauf
Diedorf / 10.06.2017

Detailed evaluation

STAUFENBIEL, Jörg

Club: Katharinenberg
Number: 484

Course: 10.60 km
Hauptlauf 10,6 km

Category:
Senioren M45 (45-49 Jahre)

Total time: 46:52

Speed: 12.80 km/h
Running performance: 4:25 min/km

Rank in course/Total: 8 (of 69)

Rank in course/Men: 8 (of 57)

Best time in course: 40:21

Rank in category: 1(of 7)

Best time in the category: 46:52