



Südeichsfeldlauf  
Diedorf / 10.06.2017

## Detailed evaluation

**KREDDIG, Sebastian**

Club: Mühlhausen  
Number: 471

Course: 10.60 km  
Hauptlauf 10,6 km

Category:  
Senioren M30 (30-34 Jahre)

Total time: 52:16

Speed: 11.48 km/h  
Running performance: 4:56 min/km

Rank in course/Total: 22 (of 69)

Rank in course/Men: 21 (of 57)

Best time in course: 40:21

Rank in category: 5(of 11)

Best time in the category: 42:10