



Südeichsfeldlauf
Diedorf / 10.06.2017

Detailed evaluation

Knieriemen, Bernhard

Club: Diedorf

Number: 496

Course: 10.60 km

Hauptlauf 10,6 km

Category:

Senioren M55 (55-59 Jahre)

Total time: 54:17

Speed: 11.05 km/h

Running performance: 5:07 min/km

Rank in course/Total: 31 (of 69)

Rank in course/Men: 30 (of 57)

Best time in course: 40:21

Rank in category: 2(of 5)

Best time in the category: 52:49