



Südeichsfeldlauf
Diedorf / 10.06.2017

Detailed evaluation

Barf, Holger

Club: Kirmesverein Lengenfeld unterm Stein
Number: 11

Course: 10.60 km
Hauptlauf 10,6 km

Category:
Senioren M50 (50-54 Jahre)

Total time: 55:05

Speed: 10.89 km/h
Running performance: 5:12 min/km

Rank in course/Total: 36 (of 69)

Rank in course/Men: 34 (of 57)

Best time in course: 40:21

Rank in category: 4(of 6)

Best time in the category: 49:21