



Südeichsfeldlauf
Diedorf / 10.06.2017

Detailed evaluation

GROß, Uwe

Club: SV Diedorf 1921
Number: 459

Course: 10.60 km
Hauptlauf 10,6 km

Category:
Senioren M45 (45-49 Jahre)

Total time: 55:28

Speed: 10.82 km/h
Running performance: 5:14 min/km

Rank in course/Total: 37 (of 69)

Rank in course/Men: 36 (of 57)

Best time in course: 40:21

Rank in category: 5(of 7)

Best time in the category: 46:52