



Südeichsfeldlauf
Diedorf / 10.06.2017

Detailed evaluation

Herold, Hartmut

Club: Diedorf
Number: 495

Course: 10.60 km
Hauptlauf 10,6 km

Category:
Senioren M45 (45-49 Jahre)

Total time: 57:10

Speed: 10.50 km/h
Running performance: 5:23 min/km

Rank in course/Total: 43 (of 69)

Rank in course/Men: 40 (of 57)

Best time in course: 40:21

Rank in category: 6(of 7)

Best time in the category: 46:52