



Südeichsfeldlauf
Diedorf / 10.06.2017

Detailed evaluation

FRITZLAR, Heike

Club: Mühlhäuser Röblinglauf e.V.
Number: 458

Course: 10.60 km
Hauptlauf 10,6 km

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:00:26

Speed: 9.93 km/h
Running performance: 5:42 min/km

Rank in course/Total: 53 (of 69)
Rank in course/Women: 6 (of 12)
Best time in course: 50:19

Rank in category: 2(of 3)
Best time in the category: 59:35