



Südeichsfeldlauf
Diedorf / 10.06.2017

Detailed evaluation

VILLNOW, Dirk

Club: Eigenrode
Number: 489

Course: 10.60 km
Hauptlauf 10,6 km

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:01:29

Speed: 9.76 km/h
Running performance: 5:48 min/km

Rank in course/Total: 56 (of 69)

Rank in course/Men: 50 (of 57)

Best time in course: 40:21

Rank in category: 6(of 6)

Best time in the category: 46:13