



Südeichsfeldlauf  
Diedorf / 10.06.2017

## Detailed evaluation

### Schlichting, Helga

Club: Lengenfeld unterm Stein  
Number: 19

Course: 10.60 km  
Hauptlauf 10,6 km

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 1:02:29

Speed: 9.60 km/h  
Running performance: 5:53 min/km

Rank in course/Total: 58 (of 69)

Rank in course/Women: 7 (of 12)

Best time in course: 50:19

Rank in category: 3(of 3)

Best time in the category: 59:35