



Detailed evaluation

Alexander Gullesen

Number: 56

Course: 226.00 km
Ultra Triathlon

Category:
Male

Total time: 12:44:20

Speed: 17.74 km/h

Running performance: 3:23 min/km

Rank in course/Total: 6 (of 99)

Rank in course/Men: 6 (of 91)

Best time in course: 11:24:54

Rank in category: 6(of 91)

Best time in the category: 11:24:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total		Total		Total		Pos		Behind	
				Cat.	Men	Men	Men	km	Time	min/km	Cat.	Men	Men				
Exit Water	-	1:43:10	-	25	26:41	25	26:41	-	1:43:10	-	25	26:41	25	26:41			
Start Bike	-	7:55	-	9	4:30	9	4:30	-	1:51:05	-	19	26:05	19	26:05			
Peak 932	-	1:15:38	-	18	19:56	18	19:56	-	3:06:43	-	15	32:42	15	32:42			
Exit Fv986	-	30:52	-	8	15:20	8	15:20	-	3:37:35	-	15	34:36	15	34:36			
Top Hunnedalen	-	43:45	-	6	5:08	6	5:08	-	4:21:20	-	10	38:13	10	38:13			
Byrkjedalstunet	-	50:39	-	8	39:42	8	39:42	-	5:11:59	-	8	39:58	8	39:58			
Exit at 113	-	35:18	-	13	3:19	13	3:19	-	5:47:17	-	7	43:17	7	43:17			
Exit E39	-	38:50	-	7	20:29	7	20:29	-	6:26:07	-	7	44:02	7	44:02			
Exit RV44	-	1:23:22	-	3	3:33	3	3:33	-	7:49:29	-	7	37:15	7	37:15			
Off Bike	-	29:32	-	8	3:13	8	3:13	-	8:19:01	-	7	37:53	7	37:53			
Start Run	-	4:04	-	13	2:49	13	2:49	-	8:23:05	-	7	40:42	7	40:42			
Tjelta	-	1:08:51	-	27	34:23	27	34:23	-	9:31:56	-	7	1:00:43	7	1:00:43			
Solastrand Hotel	-	53:34	-	8	23:09	8	23:09	-	10:25:30	-	6	59:38	6	59:38			
Kvernevik 1	-	1:11:52	-	11	26:46	11	26:46	-	11:37:22	-	6	1:10:17	6	1:10:17			
Kvernevik 2	-	15:01	-	16	3:13	16	3:13	-	11:52:23	-	6	1:13:01	6	1:13:01			
Finish	-	51:57	-	18	7:23	18	7:23	226.00	12:44:20	-	6	1:19:26	6	1:19:26			