



## Detailed evaluation

Erlend Berland

Number: 18

Course: 226.00 km  
Ultra Triathlon

Category:

Male

Total time: 14:35:46

Speed: 15.48 km/h

Running performance: 3:53 min/km

Rank in course/Total: 23 (of 99)

Rank in course/Men: 23 (of 91)

Best time in course: 11:24:54

Rank in category: 23(of 91)

Best time in the category: 11:24:54

Control	Intermediate times			Stage score				Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Exit Water	-	1:45:47	-	29	29:18	29	29:18	-	1:45:47	-	29	29:18	29	29:18
Start Bike	-	9:08	-	15	5:43	15	5:43	-	1:54:55	-	24	29:55	24	29:55
Peak 932	-	1:16:06	-	20	20:24	20	20:24	-	3:11:01	-	17	37:00	17	37:00
Exit Fv986	-	32:09	-	16	16:37	16	16:37	-	3:43:10	-	18	40:11	18	40:11
Top Hunnedalen	-	45:56	-	9	7:19	9	7:19	-	4:29:06	-	13	45:59	13	45:59
Byrkjedalstunet	-	56:47	-	16	45:50	16	45:50	-	5:25:53	-	13	53:52	13	53:52
Exit at 113	-	33:45	-	4	1:46	4	1:46	-	5:59:38	-	10	55:38	10	55:38
Exit E39	-	40:45	-	12	22:24	12	22:24	-	6:40:23	-	9	58:18	9	58:18
Exit RV44	-	1:29:29	-	5	9:40	5	9:40	-	8:09:52	-	8	57:38	8	57:38
Off Bike	-	28:30	-	4	2:11	4	2:11	-	8:38:22	-	8	57:14	8	57:14
Start Run	-	4:36	-	14	3:21	14	3:21	-	8:42:58	-	8	1:00:35	8	1:00:35
Tjelta	-	1:29:40	-	70	55:12	70	55:12	-	10:12:38	-	10	1:41:25	10	1:41:25
Solastrand Hotel	-	1:13:44	-	56	43:19	56	43:19	-	11:26:22	-	17	2:00:30	17	2:00:30
Kvernevik 1	-	1:41:02	-	60	55:56	60	55:56	-	13:07:24	-	20	2:40:19	20	2:40:19
Kvernevik 2	-	23:33	-	75	11:45	75	11:45	-	13:30:57	-	22	2:51:35	22	2:51:35
Finish	-	1:04:49	-	56	20:15	56	20:15	226.00	14:35:46	-	23	3:10:52	23	3:10:52