



## Detailed evaluation

Geir Ellingsen

Total time: 14:36:12

Number: 44

Speed: 15.48 km/h

Running performance: 3:53 min/km

Course: 226.00 km

Rank in course/Total: 24 (of 99)

Ultra Triathlon

Rank in course/Men: 24 (of 91)

Best time in course: 11:24:54

Category:

Rank in category: 24(of 91)

Male

Best time in the category: 11:24:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Exit Water	-	1:36:26	-	15	19:57	15	19:57	-	1:36:26	-	15	19:57	15	19:57
Start Bike	-	17:56	-	67	14:31	67	14:31	-	1:54:22	-	23	29:22	23	29:22
Peak 932	-	1:19:55	-	26	24:13	26	24:13	-	3:14:17	-	20	40:16	20	40:16
Exit Fv986	-	31:46	-	13	16:14	13	16:14	-	3:46:03	-	20	43:04	20	43:04
Top Hunnedalen	-	52:59	-	41	14:22	41	14:22	-	4:39:02	-	21	55:55	21	55:55
Byrkjedalstunet	-	1:03:34	-	51	52:37	51	52:37	-	5:42:36	-	23	1:10:35	23	1:10:35
Exit at 113	-	36:53	-	32	4:54	32	4:54	-	6:19:29	-	21	1:15:29	21	1:15:29
Exit E39	-	42:25	-	25	24:04	25	24:04	-	7:01:54	-	21	1:19:49	21	1:19:49
Exit RV44	-	1:41:18	-	30	21:29	30	21:29	-	8:43:12	-	21	1:30:58	21	1:30:58
Off Bike	-	30:31	-	19	4:12	19	4:12	-	9:13:43	-	21	1:32:35	21	1:32:35
Start Run	-	10:01	-	56	8:46	56	8:46	-	9:23:44	-	23	1:41:21	23	1:41:21
Tjelta	-	1:12:00	-	32	37:32	32	37:32	-	10:35:44	-	24	2:04:31	24	2:04:31
Solastrand Hotel	-	1:09:55	-	46	39:30	46	39:30	-	11:45:39	-	24	2:19:47	24	2:19:47
Kvernevik 1	-	1:32:41	-	50	47:35	50	47:35	-	13:18:20	-	25	2:51:15	25	2:51:15
Kvernevik 2	-	17:39	-	46	5:51	46	5:51	-	13:35:59	-	24	2:56:37	24	2:56:37
Finish	-	1:00:13	-	38	15:39	38	15:39	226.00	14:36:12	-	24	3:11:18	24	3:11:18