



Detailed evaluation

Blair Cox

Number: 55

Course: 226.00 km
Ultra Triathlon

Category:
Male

Total time: 15:08:24

Speed: 14.93 km/h

Running performance: 4:02 min/km

Rank in course/Total: 38 (of 99)

Rank in course/Men: 37 (of 91)

Best time in course: 11:24:54

Rank in category: 37(of 91)

Best time in the category: 11:24:54

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Exit Water	-	1:39:22	-	22	22:53	22	22:53	-	1:39:22	-	22	22:53	22	22:53
Start Bike	-	27:35	-	83	24:10	83	24:10	-	2:06:57	-	38	41:57	38	41:57
Peak 932	-	1:13:03	-	13	17:21	13	17:21	-	3:20:00	-	25	45:59	25	45:59
Exit Fv986	-	33:24	-	24	17:52	24	17:52	-	3:53:24	-	24	50:25	24	50:25
Top Hunnedalen	-	48:49	-	19	10:12	19	10:12	-	4:42:13	-	22	59:06	22	59:06
Byrkjedalstunet	-	58:38	-	23	47:41	23	47:41	-	5:40:51	-	21	1:08:50	21	1:08:50
Exit at 113	-	36:31	-	28	4:32	28	4:32	-	6:17:22	-	19	1:13:22	19	1:13:22
Exit E39	-	42:30	-	26	24:09	26	24:09	-	6:59:52	-	19	1:17:47	19	1:17:47
Exit RV44	-	1:39:16	-	23	19:27	23	19:27	-	8:39:08	-	18	1:26:54	18	1:26:54
Off Bike	-	32:01	-	31	5:42	31	5:42	-	9:11:09	-	18	1:30:01	18	1:30:01
Start Run	-	5:45	-	20	4:30	20	4:30	-	9:16:54	-	18	1:34:31	18	1:34:31
Tjelta	-	1:21:22	-	48	46:54	48	46:54	-	10:38:16	-	26	2:07:03	26	2:07:03
Solastrand Hotel	-	1:13:12	-	55	42:47	55	42:47	-	11:51:28	-	29	2:25:36	29	2:25:36
Kvernevik 1	-	1:44:56	-	67	59:50	67	59:50	-	13:36:24	-	31	3:09:19	31	3:09:19
Kvernevik 2	-	18:22	-	52	6:34	52	6:34	-	13:54:46	-	31	3:15:24	31	3:15:24
Finish	-	1:13:38	-	68	29:04	68	29:04	226.00	15:08:24	-	37	3:43:30	37	3:43:30