



Detailed evaluation

Jeroen Van der Hoek

Number: 148

Course: 226.00 km
Ultra Triathlon

Category:

Male

Total time: 15:20:04

Speed: 14.74 km/h

Running performance: 4:05 min/km

Rank in course/Total: 43 (of 99)

Rank in course/Men: 42 (of 91)

Best time in course: 11:24:54

Rank in category: 42(of 91)

Best time in the category: 11:24:54

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Exit Water	-	1:53:22	-	41	36:53	41	36:53	-	1:53:22	-	41	36:53	41	36:53
Start Bike	-	13:17	-	46	9:52	46	9:52	-	2:06:39	-	36	41:39	36	41:39
Peak 932	-	1:11:26	-	7	15:44	7	15:44	-	3:18:05	-	22	44:04	22	44:04
Exit Fv986	-	31:53	-	14	16:21	14	16:21	-	3:49:58	-	22	46:59	22	46:59
Top Hunnedalen	-	48:19	-	15	9:42	15	9:42	-	4:38:17	-	20	55:10	20	55:10
Byrkjedalstunet	-	58:17	-	19	47:20	19	47:20	-	5:36:34	-	18	1:04:33	18	1:04:33
Exit at 113	-	34:30	-	7	2:31	7	2:31	-	6:11:04	-	14	1:07:04	14	1:07:04
Exit E39	-	41:45	-	20	23:24	20	23:24	-	6:52:49	-	15	1:10:44	15	1:10:44
Exit RV44	-	1:39:11	-	22	19:22	22	19:22	-	8:32:00	-	16	1:19:46	16	1:19:46
Off Bike	-	30:30	-	18	4:11	18	4:11	-	9:02:30	-	15	1:21:22	15	1:21:22
Start Run	-	10:43	-	61	9:28	61	9:28	-	9:13:13	-	17	1:30:50	17	1:30:50
Tjelta	-	1:20:15	-	46	45:47	46	45:47	-	10:33:28	-	22	2:02:15	22	2:02:15
Solastrand Hotel	-	1:08:24	-	42	37:59	42	37:59	-	11:41:52	-	22	2:16:00	22	2:16:00
Kvernevik 1	-	1:59:44	-	79	1:14:38	79	1:14:38	-	13:41:36	-	33	3:14:31	33	3:14:31
Kvernevik 2	-	23:13	-	74	11:25	74	11:25	-	14:04:49	-	37	3:25:27	37	3:25:27
Finish	-	1:15:15	-	72	30:41	72	30:41	226.00	15:20:04	-	42	3:55:10	42	3:55:10