



## Detailed evaluation

Tom Inge Moi-Vist

Number: 102

Course: 226.00 km  
Ultra Triathlon

Category:  
Male

Total time: 15:52:16

Speed: 14.24 km/h

Running performance: 4:13 min/km

Rank in course/Total: 54 (of 99)

Rank in course/Men: 52 (of 91)

Best time in course: 11:24:54

Rank in category: 52(of 91)

Best time in the category: 11:24:54

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Exit Water	-	1:59:00	-	50	42:31	50	42:31	-	1:59:00	-	50	42:31	50	42:31
Start Bike	-	10:41	-	25	7:16	25	7:16	-	2:09:41	-	43	44:41	43	44:41
Peak 932	-	1:23:49	-	42	28:07	42	28:07	-	3:33:30	-	40	59:29	40	59:29
Exit Fv986	-	23:52	-	2	8:20	2	8:20	-	3:57:22	-	27	54:23	27	54:23
Top Hunnedalen	-	1:08:18	-	74	29:41	74	29:41	-	5:05:40	-	43	1:22:33	43	1:22:33
Byrkjedalstunet	-	1:09:26	-	72	58:29	72	58:29	-	6:15:06	-	46	1:43:05	46	1:43:05
Exit at 113	-	38:37	-	42	6:38	42	6:38	-	6:53:43	-	45	1:49:43	45	1:49:43
Exit E39	-	46:26	-	52	28:05	52	28:05	-	7:40:09	-	47	1:58:04	47	1:58:04
Exit RV44	-	1:48:59	-	47	29:10	47	29:10	-	9:29:08	-	47	2:16:54	47	2:16:54
Off Bike	-	32:49	-	43	6:30	43	6:30	-	10:01:57	-	47	2:20:49	47	2:20:49
Start Run	-	11:54	-	64	10:39	64	10:39	-	10:13:51	-	47	2:31:28	47	2:31:28
Tjelta	-	1:18:30	-	44	44:02	44	44:02	-	11:32:21	-	45	3:01:08	45	3:01:08
Solastrand Hotel	-	1:15:17	-	58	44:52	58	44:52	-	12:47:38	-	49	3:21:46	49	3:21:46
Kvernevik 1	-	1:45:23	-	69	1:00:17	69	1:00:17	-	14:33:01	-	55	4:05:56	55	4:05:56
Kvernevik 2	-	19:47	-	60	7:59	60	7:59	-	14:52:48	-	55	4:13:26	55	4:13:26
Finish	-	59:28	-	35	14:54	35	14:54	226.00	15:52:16	-	52	4:27:22	52	4:27:22