



Detailed evaluation

Andreas Narum

Number: 109

Course: 226.00 km
Ultra Triathlon

Category:

Male

Total time: 17:07:44

Speed: 13.19 km/h

Running performance: 4:33 min/km

Rank in course/Total: 73 (of 99)

Rank in course/Men: 69 (of 91)

Best time in course: 11:24:54

Rank in category: 69(of 91)

Best time in the category: 11:24:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Exit Water	-	2:14:59	-	71	58:30	71	58:30	-	2:14:59	-	71	58:30	71	58:30
Start Bike	-	10:01	-	19	6:36	19	6:36	-	2:25:00	-	65	1:00:00	65	1:00:00
Peak 932	-	1:20:00	-	27	24:18	27	24:18	-	3:45:00	-	55	1:10:59	55	1:10:59
Exit Fv986	-	40:00	-	77	24:28	77	24:28	-	4:25:00	-	57	1:22:01	57	1:22:01
Top Hunnedalen	-	1:27:29	-	87	48:52	87	48:52	-	5:52:29	-	74	2:09:22	74	2:09:22
Byrkjedalstunet	-	1:02:23	-	42	51:26	42	51:26	-	6:54:52	-	74	2:22:51	74	2:22:51
Exit at 113	-	42:24	-	66	10:25	66	10:25	-	7:37:16	-	71	2:33:16	71	2:33:16
Exit E39	-	50:48	-	71	32:27	71	32:27	-	8:28:04	-	70	2:45:59	70	2:45:59
Exit RV44	-	1:56:41	-	63	36:52	63	36:52	-	10:24:45	-	69	3:12:31	69	3:12:31
Off Bike	-	38:04	-	78	11:45	78	11:45	-	11:02:49	-	69	3:21:41	69	3:21:41
Start Run	-	8:13	-	44	6:58	44	6:58	-	11:11:02	-	69	3:28:39	69	3:28:39
Tjelta	-	1:28:28	-	69	54:00	69	54:00	-	12:39:30	-	66	4:08:17	66	4:08:17
Solastrand Hotel	-	1:06:20	-	35	35:55	35	35:55	-	13:45:50	-	65	4:19:58	65	4:19:58
Kvernevik 1	-	1:42:48	-	64	57:42	64	57:42	-	15:28:38	-	68	5:01:33	68	5:01:33
Kvernevik 2	-	20:46	-	66	8:58	66	8:58	-	15:49:24	-	68	5:10:02	68	5:10:02
Finish	-	1:18:20	-	76	33:46	76	33:46	226.00	17:07:44	-	69	5:42:50	69	5:42:50