



Thüringen Pokal 2017 und TRL

Heyda / 09.09.2017

Detailed evaluation

Bräuer, Sabine

Club: USV Jena

Total time: 42:09

Running performance: 12:02 min/km

Course: 3.50 km / 11 Controls

Category:

D45 (Damen ab 45)

Rank in category: 3(of 9)

Best time in the category: 38:22

Behind: 3:47

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (57)	5:54	6	1:36	37.2	5:54	6	1:36	37.2
2 (38)	1:44	1	-	-	7:38	5	1:24	22.5
3 (36)	5:22	2	0:10	3.2	13:00	3	1:18	11.1
4 (35)	5:11	3	0:41	15.2	18:11	3	1:00	5.8
5 (50)	3:50	1	-	-	22:01	3	0:24	1.9
6 (34)	2:06	2	0:11	9.6	24:07	3	0:16	1.1
7 (42)	3:17	4	0:20	11.3	27:24	3	0:33	2.1
8 (39)	1:28	5	0:07	8.6	28:52	3	0:38	2.2
9 (40)	4:54	4	0:11	3.9	33:46	2	0:46	2.3
10 (49)	5:24	9	3:22	165.6	39:10	3	3:54	11.1
11 (99)	2:11	5	0:54	70.1	41:21	3	3:52	10.3
Finish	0:48	1	-	-	42:09	3	3:47	9.9