



Thüringen Pokal 2017 und TRL

Heyda / 09.09.2017

Detailed evaluation

Zentgraf, Anke

Club: USV Jena

Total time: 38:22

Running performance: 10:57 min/km

Course: 3.50 km / 11 Controls

Category:

D45 (Damen ab 45)

Rank in category: 1(of 9)

Best time in the category: 38:22

Behind: -

Intermediate times

| Controls | Split Time | Pos Cat. | Behind Cat. | Behind % | Total Time | Pos Cat. | Behind Cat. | Behind % |
|----------|------------|----------|-------------|----------|------------|----------|-------------|----------|
| 1 (57) | 4:18 | 1 | - | - | 4:18 | 1 | - | - |
| 2 (38) | 1:56 | 4 | 0:12 | 11.5 | 6:14 | 1 | - | - |
| 3 (36) | 6:09 | 4 | 0:57 | 18.3 | 12:23 | 2 | 0:41 | 5.8 |
| 4 (35) | 5:32 | 5 | 1:02 | 23.0 | 17:55 | 2 | 0:44 | 4.3 |
| 5 (50) | 4:01 | 2 | 0:11 | 4.8 | 21:56 | 2 | 0:19 | 1.5 |
| 6 (34) | 1:55 | 1 | - | - | 23:51 | 1 | - | - |
| 7 (42) | 3:00 | 2 | 0:03 | 1.7 | 26:51 | 1 | - | - |
| 8 (39) | 1:23 | 4 | 0:02 | 2.5 | 28:14 | 1 | - | - |
| 9 (40) | 4:46 | 2 | 0:03 | 1.1 | 33:00 | 1 | - | - |
| 10 (49) | 2:16 | 2 | 0:14 | 11.5 | 35:16 | 1 | - | - |
| 11 (99) | 2:13 | 8 | 0:56 | 72.7 | 37:29 | 1 | - | - |
| Finish | 0:53 | 6 | 0:05 | 10.4 | 38:22 | 1 | - | - |