



Thüringen Pokal 2017 und TRL

Heyda / 09.09.2017

Detailed evaluation

Zentgraf, Anke

Club: USV Jena

Total time: 38:22

Running performance: 10:57 min/km

Course: 3.50 km / 11 Controls

Category:

D45 (Damen ab 45)

Rank in category: 1(of 9)

Best time in the category: 38:22

Behind: -

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (57)	4:18	1	-	-	4:18	1	-	-
2 (38)	1:56	4	0:12	11.5	6:14	1	-	-
3 (36)	6:09	4	0:57	18.3	12:23	2	0:41	5.8
4 (35)	5:32	5	1:02	23.0	17:55	2	0:44	4.3
5 (50)	4:01	2	0:11	4.8	21:56	2	0:19	1.5
6 (34)	1:55	1	-	-	23:51	1	-	-
7 (42)	3:00	2	0:03	1.7	26:51	1	-	-
8 (39)	1:23	4	0:02	2.5	28:14	1	-	-
9 (40)	4:46	2	0:03	1.1	33:00	1	-	-
10 (49)	2:16	2	0:14	11.5	35:16	1	-	-
11 (99)	2:13	8	0:56	72.7	37:29	1	-	-
Finish	0:53	6	0:05	10.4	38:22	1	-	-