



# Thüringen Pokal 2017 und TRL

Heyda / 09.09.2017

## Detailed evaluation

Friebe, Marion

Club: USV Jena

Total time: 49:01

Running performance: 14:00 min/km

Course: 3.50 km / 11 Controls

Category:

D45 (Damen ab 45)

Rank in category: 8(of 9)

Best time in the category: 38:22

Behind: 10:39

## Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (57)	4:55	4	0:37	14.3	4:55	4	0:37	14.3
2 (38)	2:26	8	0:42	40.4	7:21	4	1:07	17.9
3 (36)	6:49	6	1:37	31.1	14:10	5	2:28	21.1
4 (35)	7:06	9	2:36	57.8	21:16	6	4:05	23.8
5 (50)	5:57	9	2:07	55.2	27:13	6	5:36	25.9
6 (34)	2:50	8	0:55	47.8	30:03	6	6:12	26.0
7 (42)	4:29	9	1:32	52.0	34:32	6	7:41	28.6
8 (39)	1:51	9	0:30	37.0	36:23	6	8:09	28.9
9 (40)	6:03	8	1:20	28.3	42:26	8	9:26	28.6
10 (49)	3:05	8	1:03	51.6	45:31	8	10:15	29.1
11 (99)	2:12	6	0:55	71.4	47:43	8	10:14	27.3
Finish	1:18	8	0:30	62.5	49:01	8	10:39	27.8