



Thüringen Pokal 2017 und TRL

Heyda / 09.09.2017

Detailed evaluation

Lösch, Steffen

Club: USV Jena

Total time: 32:28

Running performance: 7:43 min/km

Course: 4.20 km / 12 Controls

Category:

H45 (Herren ab 45)

Rank in category: 2(of 10)

Best time in the category: 31:13

Behind: 1:15

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (31)	2:57	1	-	-	2:57	1	-	-
2 (38)	2:20	5	0:26	22.8	5:17	2	0:14	4.6
3 (37)	2:46	1	-	-	8:03	2	0:10	2.1
4 (36)	2:47	2	0:23	16.0	10:50	2	0:33	5.4
5 (35)	3:26	1	-	-	14:16	2	0:32	3.9
6 (50)	2:58	1	-	-	17:14	2	0:10	1.0
7 (51)	1:26	3	0:14	19.4	18:40	2	0:21	1.9
8 (34)	1:58	2	0:07	6.3	20:38	2	0:28	2.3
9 (33)	1:16	4	0:23	43.4	21:54	2	0:51	4.0
10 (52)	2:18	1	-	-	24:12	2	0:41	2.9
11 (40)	4:27	2	0:03	1.1	28:39	2	0:39	2.3
12 (99)	3:15	5	0:39	25.0	31:54	2	1:18	4.3
Finish	0:34	1	-	-	32:28	2	1:15	4.0