



Thüringen Pokal 2017 und TRL

Heyda / 09.09.2017

Detailed evaluation

Nitsche, Hans-Jürgen

Club: SV Handwerk Erfurt

Total time: 32:27

Running performance: 9:16 min/km

Course: 3.50 km / 11 Controls

Category:

H55 (Herren ab 55)

Rank in category: 2(of 8)

Best time in the category: 31:00

Behind: 1:27

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (57)	3:28	4	0:29	16.2	3:28	4	0:29	16.2
2 (38)	1:38	4	0:20	25.6	5:06	4	0:40	15.0
3 (36)	4:17	2	0:02	0.8	9:23	2	0:39	7.4
4 (35)	4:36	3	0:38	16.0	13:59	2	1:17	10.1
5 (50)	3:33	3	0:22	11.5	17:32	2	1:32	9.6
6 (34)	1:50	2	0:03	2.8	19:22	2	1:11	6.5
7 (42)	2:47	1	-	-	22:09	2	0:59	4.7
8 (39)	1:08	2	0:07	11.5	23:17	2	0:58	4.3
9 (40)	4:30	3	0:57	26.8	27:47	2	0:53	3.3
10 (49)	2:20	4	0:26	22.8	30:07	2	1:09	4.0
11 (99)	1:41	6	0:42	71.2	31:48	2	1:21	4.4
Finish	0:39	3	0:06	18.2	32:27	2	1:27	4.7