



11. thüringenULTRA  
Fröttstädt / 01.07.2017

Detailed evaluation

Triathlon Friedrichroda I

Number: 4018

Course: 100.22 km

Staffel 4x25 km

Category:

Männerstaffel

Total time: 8:08:39

Speed: 12.31 km/h

Running performance: 4:53 min/km

Rank in course: 3 (of 26)

Best time in course: 7:08:34

Rank in category: 3(of 18)

Best time in the category: 7:08:34

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Glasbachwiese	27.00	2:29:09	5:31	7	32:04	9	32:04	27.00	2:29:09	5:31	7	32:04	9	32:04
Floh-Seligenthal	27.00	1:54:51	4:15	2	5:19	2	5:19	54.00	4:24:00	4:53	4	23:00	4	23:00
Finsterbergen	22.00	1:53:41	5:10	4	30:44	5	30:44	76.00	6:17:41	4:58	4	53:44	4	53:44
Fröttstädt	24.22	1:50:58	4:34	2	20:15	3	20:15	100.22	8:08:39	4:52	3	1:00:05	3	1:00:05