



11. thüringenULTRA  
Fröttstädt / 01.07.2017

Detailed evaluation

WELZEL, Ralf

Club: Berlin  
Number: 63

Course: 100.20 km  
100 Kilometer

Category:  
Senioren M50 (50-54 Jahre)

Total time: 12:22:18

Speed: 8.08 km/h  
Running performance: 7:25 min/km

Rank in course/Total: 82 (of 254)

Rank in course/Men: 75 (of 211)

Best time in course: 8:41:59

Rank in category: 18(of 53)

Best time in the category: 9:18:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Glasbachwiese	27.00	fehlt!	-	-	-	-	-	27.00	-	-	-	-	-	-	-
Floh-Seligenthal	49.00	fehlt!	-	-	-	-	-	76.00	-	-	-	-	-	-	-
Fröttstädt	24.20	12:22:18	30:40	50	10:08:11	198	10:20:46	100.20	12:22:18	7:24	18	3:04:06	75	3:40:19	