



11. thüringenULTRA  
Fröttstädt / 01.07.2017

Detailed evaluation

GENTZCKE, Jan

Club: Bergewentrein  
Number: 169

Course: 100.20 km  
100 Kilometer

Category:  
Senioren M50 (50-54 Jahre)

Total time: 12:28:01

Speed: 8.02 km/h  
Running performance: 7:28 min/km

Rank in course/Total: 85 (of 254)

Rank in course/Men: 78 (of 211)

Best time in course: 8:41:59

Rank in category: 19(of 53)

Best time in the category: 9:18:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:01:34	6:43	10	34:51	68	36:11	27.00	3:01:34	6:43	10	34:51	68	36:11
Floh-Seligenthal	49.00	6:31:14	7:59	24	1:53:52	98	2:16:10	76.00	9:32:48	7:32	19	2:28:43	87	2:52:21
Fröttstädt	24.20	2:55:13	7:14	14	41:06	65	53:41	100.20	12:28:01	7:27	19	3:09:49	78	3:46:02