



11. thüringenULTRA

Fröttstädt / 01.07.2017

Detailed evaluation

FENDER, Norbert

Club: 100marathon42.de

Number: 141

Course: 100.20 km

100 Kilometer

Category:

Senioren M55 (55-59 Jahre)

Total time: 12:34:58

Speed: 7.95 km/h

Running performance: 7:32 min/km

Rank in course/Total: 90 (of 254)

Rank in course/Men: 81 (of 211)

Best time in course: 8:41:59

Rank in category: 11(of 36)

Best time in the category: 10:06:24

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:16:33	7:16	17	49:49	112	51:10	27.00	3:16:33	7:16	17	49:49	112	51:10
Floh-Seligenthal	49.00	6:21:22	7:46	12	1:14:52	85	2:06:18	76.00	9:37:55	7:36	12	1:50:37	91	2:57:28
Fröttstädt	24.20	2:57:03	7:18	9	37:57	69	55:31	100.20	12:34:58	7:32	11	2:28:34	81	3:52:59