



11. thüringenULTRA

Fröttstädt / 01.07.2017

Detailed evaluation

Ernst, Marcel

Club: Lauffeuer Fröttstädt
Number: 3

Course: 100.20 km
100 Kilometer

Category:
Senioren M30 (30-34 Jahre)

Total time: 12:40:36

Speed: 7.89 km/h
Running performance: 7:35 min/km

Rank in course/Total: 94 (of 254)

Rank in course/Men: 85 (of 211)

Best time in course: 8:41:59

Rank in category: 4(of 5)

Best time in the category: 10:39:36

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:01:22	6:43	4	19:49	66	35:59	27.00	3:01:22	6:43	4	19:49	66	35:59
Floh-Seligenthal	49.00	6:00:43	7:21	4	48:41	64	1:45:39	76.00	9:02:05	7:07	4	1:04:56	62	2:21:38
Fröttstädt	24.20	3:38:31	9:01	5	56:33	149	1:36:59	100.20	12:40:36	7:35	4	2:01:00	85	3:58:37